

Thinking on your feet takes mental agility, and it's possible to prepare for those moments when you need to think fast.

## **HERE'S SOME TIPS**

for you to improve your ability to think on their feet

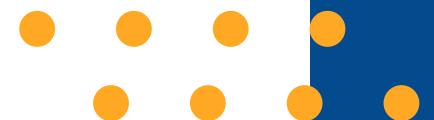




**1**

# **PLAY THINKING GAMES**

Fun activities can teach good habits like listening, building on one another with “yes, and” methods, and truly working together.






# 2

## **REQUEST MORE INFORMATION**

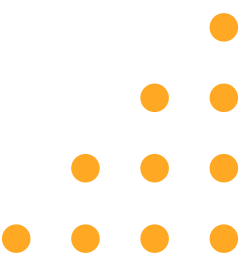
It may provide the information you need to actually answer the question. This is especially helpful when you don't really understand the question.



  
**3**

# **WATCH PRESS CONFERENCES FOR INSPIRATION**

By watching press conferences for inspiration and analyzing the responses of public figures, you can gain valuable insights on how to think on your feet and handle unexpected situations with confidence.

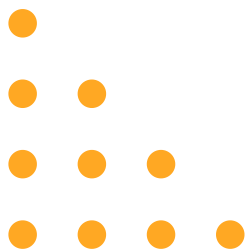




# 4

## **BE GUIDED BY THE CONSEQUENCES**

By being guided by the consequences, you can make more thoughtful decisions and take action with greater confidence. This can help you improve your decision-making skills over time.

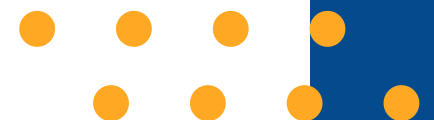




**5**

# **COME BACK TO YOUR KEY MESSAGES**

Identify your key messages. This can help you communicate more effectively and achieve your goals during the conversation or presentation.



Contact us to find out  
more about our **talks,**  
**workshops and coaching**  
**programmes.**

- ✉ *Roshini@TheChangeBusiness.com*
- ✉ *Meenakshi@TheChangeBusiness.com*



Follow us on our socials:

 /the-change-business

 /thechangebusiness

 /the.changebusiness

[www.thechangebusiness.com](http://www.thechangebusiness.com)